

Human immunodeficiency virus-related Epstein-Barr virus-associated smooth muscle tumours: South African experience from Chris Hani Baragwanath Academic Hospital

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Background: Despite the rampant human immunodeficiency (HIV) epidemic in Africa, there is a paucity of published data of HIV-related Epstein-Barr virus-associated smooth muscle tumours (EBV-SMT) from Africa.

Methods: We embarked on retrospective documentation of the clinicopathological features of confirmed HIV-related EBV-SMT over a 5-year time frame at the largest hospital in Africa. All haematoxylin and eosin stained tissue sections, immunohistochemistry and EBV *in situ* hybridisation (ISH) investigations were reviewed in conjunction with clinical data.

Results: Fourteen ($n = 14$) EBV-SMT were confirmed in 13 patients (age range: 10–53 years). Five paediatric patients and a predominance of females (70%) were evident in this series. All patients were HIV seropositive and CD4 counts ranged from 1 to 1331 cells/ul (median 355 cells/ul; mean 442 cells/ul). Tumour-associated pain was a common symptom in the paediatric age group, while neurological symptoms were frequent in the adults due to paraspinal cervicothoracic involvement. Unusual topography, multifocality ($n = 5$) and smooth muscle morphology in association with round cell features ($n = 3$) were evident. Immunorexpression of desmin ($n = 12$), SMA ($n = 12$) and h-Caldesmon ($n = 8$) were consistent findings and positive EBV ISH nuclear signaling was demonstrated within all of these tumours. Treatment included antiretroviral therapy, surgical resection, radiation and/or palliative therapy.

Conclusion: HIV-associated EBV-SMT are rare tumours that may develop in paediatric or adult patients. A female predominance and multifocal topographic involvement may be evident. AIDS-related co-morbidities are likely to contribute to mortality; and, when these tumours occur in paraspinal regions, debilitating neurological morbidity may manifest.

Keywords: Epstein-Barr virus, HIV, smooth muscle tumours, South Africa

Introduction

Epstein-Barr virus (EBV) is a common human gammaherpesvirus, and 90% (or more) of the human population worldwide are carriers thereof.¹ EBV causes infectious mononucleosis and has an oncogenic influence in the development of non-Hodgkin lymphoma, classical Hodgkin lymphoma, post-transplantation associated lymphoproliferative disorders and carcinomas.² Infrequently, EBV infection predisposes to the development of mesenchymal neoplasms of smooth muscle lineage which are known as EBV-associated smooth muscle tumours (EBV-SMT). These tumours have a specific propensity to develop in immunocompromised adult or paediatric patients who are transplant recipients, afflicted with congenital immunodeficiency disorders or human immunodeficiency virus (HIV) infected.^{3–5}

EBV-SMT may manifest slightly more frequently in females patients, as solitary or multifocal lesions, within diverse topographic regions such as soft tissue, gastrointestinal tract, lung, central nervous system and skin, among other sites.^{5,6} Although the exact pathogenesis of EBV-SMT remains elusive, researchers have suggested that it is via the cluster of differentiation 21 (CD21) receptor that EBV gains access to smooth muscle cells and promotes proliferation in HIV positive patients.^{4,6} It is noteworthy that increased expression of CD21 has not been consistently documented in EBV-SMT occurring in transplant recipients.⁷

Despite the rampant epidemic of HIV infection in Africa, EBV-SMT in South Africa is infrequently reported,^{8–11} and the paucity of EBV-SMT data from Africa was noted in a review of published cases by Purgina *et al.*⁵ This article serves to contribute clinicopathological experience about HIV-related EBV-SMT in paediatric and adults patients at the largest hospital in Africa.

Aim

We aimed to retrospectively evaluate all HIV-related EBV-SMT that occurred in patients at a tertiary academic hospital in South Africa. Demographic factors, clinicopathological features, concomitant diseases, treatment and survival outcome were documented.

Materials and method

Systematised Nomenclature of Medicine (SNOMED) based searches of the laboratory datasets were performed to detect all cases of histopathologically-confirmed EBV-SMT from January 2010 to December 2014. Haematoxylin and eosin (H&E) stained sections, immunohistochemistry and *in situ* hybridization investigations were routinely performed on these tumours for diagnostic purposes. Immunohistochemistry panel included desmin (Ventana, clone DE-R-11, prediluted at 5 µg/ml), alpha smooth muscle actin (Ventana, clone 14A, prediluted at 0.02 µg/ml) and/or h-Caldesmon (Dako, clone h-CD, 1/600).

EBV mRNA *in situ* hybridisation (Ventana Medical Systems, Inc INFORM EBER Probe, United States of America) was used to demonstrate latent infection by EBV. The probe hybridises to EBV-encoded RNA (EBER) transcripts in the nuclei of infected cells. The EBV probe is fluorescein labeled and a positive signal was seen as a blue-black nuclear stain.

The histopathology slides of all cases were reviewed by a histopathologist to confirm the diagnosis of EBV-SMT. The clinical information was retrieved from the patients' records by a paediatric oncologist and an infectious diseases specialist physician.

Results

Fourteen EBV-SMT ($n = 14$) were histopathologically confirmed in 13 patients and this series included 5 paediatric patients (Table 1). The age range was 10–53 years (mean 30 yrs; median 31 yrs) and a predominance of females was evident.

All the patients were HIV-seropositive as confirmed by enzyme-linked immunosorbent assay. CD4 counts were documented within 1–3 months of the EBV-SMT diagnosis and ranged from 1 to 1331 cells/ul (mean 442 cells/ul; median 355 cells/ul; CD4 count reference range 500 – 2010 cells/ul).

Tumour-associated pain was a common symptom in the paediatric age group, while neurological symptoms were frequent in the adults due to intracranial or cervicothoracic paraspinal tumours. Five patients had radiological features of multifocal EBV-SMT (Table 1).

Pathological features

Smooth muscle morphology (Figure 1) was readily identified in 13 tumours and distinctive hypercellular primitive round cell features (Figure 2) were noted in 3 tumours. The average mitotic count ranged from 0–3/10 high power fields; coagulative necrosis was present in 2 tumours and nuclear pleomorphism was evident in 2 tumours. Mild scattered lymphocytic

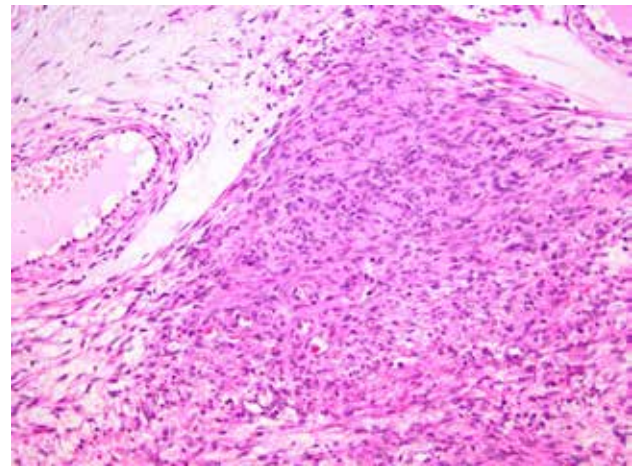


Figure 1: EBV-SMT comprising fascicles of smooth muscle (H&E stain; X200 magnification).

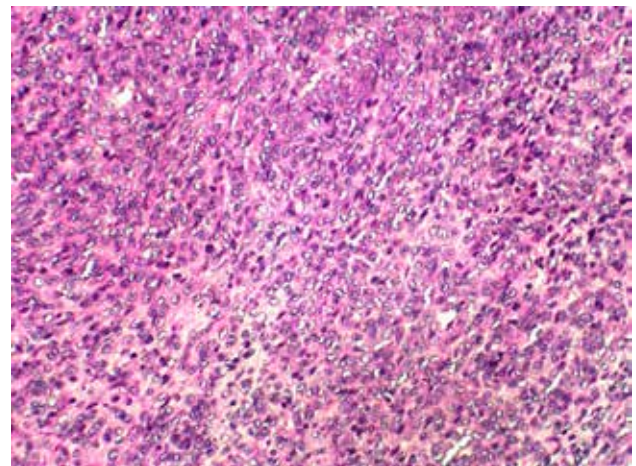


Figure 2: Hypercellular primitive round cell areas of EBV-SMT (H&E stain; X200).

Table 1: Salient clinical features of HIV-associated EBV-SMT.

No.	Age (years)	Gender	CD4 (cells/uL)	Antiretroviral therapy*	Topographic site	Treatment	Survival outcome
1	13	F	1	Y	Paraspinal	Surgery	Demised**
2	10	F	902	Y	Paraspinal & intra-abdominal	Radiation	Alive
3	15	F	616	Y	Iris	Surgery	Alive
4	12	F	1331	Y	Duodenal ampulla & adrenal gland	Palliation	Alive
5	12	F	604	Y	Paraspinal & rib	Radiation	Alive***
6	53	M	173	Y	Intracranial	Surgery	Alive
7	45	F	209	N	Paraspinal	Surgery & Palliation	Alive (paraplegic)
8	37	M	27	N	Intracranial	Surgery	Demised ^o
9	43	F	355	Y	Soft tissue (hand) & paraspinal ^{oo}	Palliation	Alive (paraplegic)
10	53	F	NIA	NIA	Soft tissue (thigh)	NIA	NIA
11	28	F	574	NIA	Paraspinal & soft tissue (neck)	NIA	NIA
12	32	F	NIA	NIA	Duodenal ampulla	NIA	NIA
13	31	M	74	Y	Paraspinal	NIA	NIA

Notes: Y - yes; N - no; NIA - no information available.

*Received prior to the diagnosis of EBV-SMT.

**Demised from sepsis 5 months after EBV-SMT diagnosis.

***Subsequently lost to follow up.

^oDemised of pneumonia three years after EBV-SMT diagnosis; previously published case report.⁹

^{oo}Histopathologically confirmed multifocal EBV-SMT.

inflammatory infiltrate was present in 10 tumours and moderate-intensity lymphocytic infiltrate was noted in 4 tumours.

Immunohistochemistry was integral in confirming the smooth muscle histogenesis of these neoplasms. Desmin immunoreactivity occurred diffusely in >50% of cells in 5 tumours, weak and focal staining was present in 7 tumours and negative staining was evident in 2 tumours. Smooth muscle actin (SMA) and h-Caldesmon expression (Figure 3) were evident in 12 tumours (of 13 tested) and 8 tumours (of 8 tested), respectively.

Positive nuclear signaling using EBER ISH was demonstrated within all EBV-SMT reported herein. The proportion of tumour cells displaying positive signaling was variable and ranged from 10% to 90% (Figure 4).

Concomitant infection by cytomegalovirus was incidentally documented in the ampullary region of a paediatric patient who had clinical features of CMV retinitis, blindness in the right eye and left pulmonary tuberculous destruction.

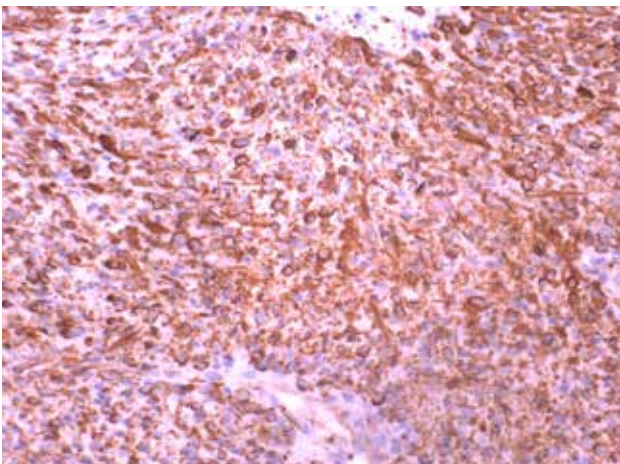


Figure 3: h-Caldesmon expression in tumour cells (IHC stain; X100).

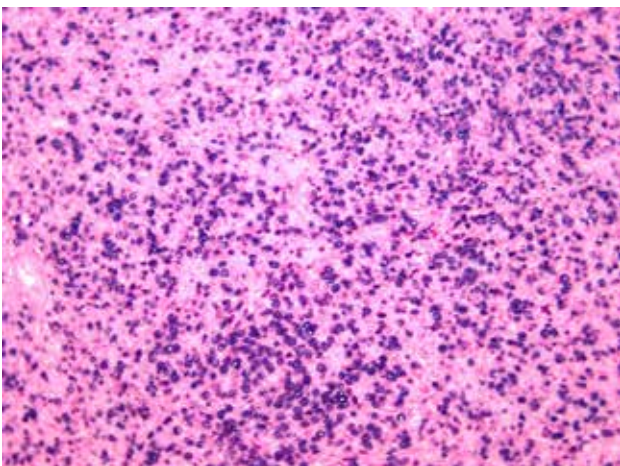


Figure 4: EBV *in situ* hybridisation displaying positive nuclear signal within tumour cells (EBV ISH; X200).

Treatment

The treatment modalities in this series included a combination of antiretroviral therapy (10 patients), surgical resection (5 patients), radiation (2 paediatric) or palliative therapy (2 patients). The survival outcome data of 9 patients was available as shown in Table 1.

Discussion

EBV-SMT are rare tumours that occur in immunocompromised patients.^{5,6} The rarity of this neoplasm is underscored by the presence of 14 HIV-related EBV-SMT that were histopathologically confirmed, during a five-year study time frame, at the largest hospital in Africa that has a high seroprevalence of HIV.

In this series, the tumours manifested predominantly in female patients (77%) in topographic regions other than the female genital tract and/or breast, analogous to that documented by Hussein *et al.*⁶ Depending on the topographic site of involvement, the presenting symptoms included a noticeable mass lesion, pain, weakness of limbs, seizures or jaundice. Diagnostic clues to the presence of HIV-related EBV-SMT included a compromised immunological status, the presence of multifocal tumours, smooth muscle morphology, primitive round cell features and an admixture of lymphocytes. The lymphocytic component may at times be a subtle feature.

Morphological diversity within HIV-related EBV-SMT may manifest as hyper- and/or hypocellular smooth muscle fascicles, primitive round cell areas and prominent intratumoral oedema. An absence of desmin immunoreactivity in this neoplasm should not deter pathologists from this diagnosis. Instead, round cell features in association with a desmin-negative scenario should prompt the use of smooth muscle lineage-specific immunohistochemistry, such as alpha SMA and/or h-Caldesmon. Notably, the EBV-positive myopericytoma may lack desmin expression.¹⁰⁻¹³ Primitive round cell morphology was suggested to represent a form of histological progression without an impact on prognosis.¹⁴ The tumours of three female patients (2 paediatric and 1 adult) herein demonstrated round cell features and their survival outcome was variable. One child survived for 30 months following radiation treatment, the remaining child is currently well following ophthalmic surgery and the adult patient remained paraplegic after surgical treatment.

The pathogenesis of EBV-SMT has been suggested to entail infection and transformation of smooth muscle cells by EBV with subsequent clonal expansion. Based on real-time polymerase chain analysis of the long terminal repeat region of the virus in 5 cases of EBV-SMT, Deyrup *et al.* demonstrated that multiple tumours in a patient derived from a separate clone of infected cells and concluded that these likely represented separate infection events.¹⁴

The differential diagnosis of EBV-SMT includes neoplastic and non-neoplastic spindle cell proliferations such as leiomyoma, leiomyosarcoma, meningioma, haemangiopericytoma, peripheral nerve sheath tumours, Kaposi sarcoma and mycobacterial or fungal pseudotumours. EBV *in situ* hybridisation plays an invaluable confirmatory role in the diagnosis of EBV-SMT.

Treatment modalities for HIV-related EBV-SMT include antiretroviral therapy, surgical resection, radiation and/or palliative care. The mammalian target of rapamycin (mTOR)

pathway plays a regulating role in cell growth and proliferation. Inhibitors of this pathway, such as sirolimus, appear to be a promising treatment option for EBV-SMT.¹⁵ However, data about this therapeutic option for HIV-related EBV-SMT is limited.¹⁶ Poor tolerance and resistance to cytotoxic chemotherapy are noteworthy findings during the treatment of EBV-SMT.¹⁷

While prolonged survival may occur in paediatric patients who have HIV-related EBV-SMT, AIDS-related co-morbidities are likely to contribute to mortality. As parasagittal lesions were common in this series, EBV-SMT should be included in the differential diagnosis of causes of spinal compression manifesting in HIV-seropositive patients.

Conclusion

HIV-associated EBV-SMT are rare tumours that may develop in paediatric or adult patients. A female predominance and multifocal topographic involvement may be evident. AIDS-related co-morbidities are likely to contribute to mortality; and, when these tumours occur in parasagittal regions debilitating neurological morbidity may manifest.

Conflict of interest – None declared by the authors.

Ethical clearance – Ethical approval of this study was obtained from the Human Research Ethics Committee (medical division) at the University of the Witwatersrand (clearance certificate number M150158).

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