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RESEARCH

# Molecular characterisation of multidrug-resistant *Pseudomonas aeruginosa* from a private hospital in Durban, South Africa

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**Background:** Multi-drug resistant *Pseudomonas aeruginosa* pose a clinical challenge globally. This study delineated the molecular mechanisms of resistance to  $\beta$ -lactam antibiotics in multidrug-resistant *P. aeruginosa* isolated from a single private hospital in Durban, South Africa and ascertained clonality with regard to the isolates carrying  $\beta$ -lactamase genes.

**Methods:** Seventeen *P. aeruginosa* isolates recovered from sputum, urine, catheter tips, pus swabs, nasal swabs and endotracheal aspirates underwent MIC determination, and phenotypic screening using the Double Disk Synergy Test (DDST) and Modified Hodge Test (MHT) to identify putative extended-spectrum  $\beta$ -lactamases (ESBLs), metallo- $\beta$ -lactamases and other carbapenemases. Selected  $\beta$ -lactamase encoding genes were genotypically confirmed by PCR and sequencing. REP-PCR was conducted to determine the clonal relatedness of the 11 isolates carrying  $\beta$ -lactamase genes.

**Results:** Sixteen isolates (94%) were resistant to aztreonam and piperacillin, 15 isolates (88%) were resistant to imipenem and ticarcillin, 14 (82%) were resistant to meropenem, and 13 isolates (76%) were resistant to ceftazidime and piperacillin/tazobactam. Resistance to ciprofloxacin and amikacin were 82% and 29% respectively. Of the 17 isolates tested, GES-2, VIM-2 and OXA-21 were present in 10 (59%) four (24%) and one (6%) of the isolates respectively. Three of the isolates harboured both GES-2 and VIM-2 and one isolate harboured OXA-21 and VIM-2. REP-PCR revealed seven clusters with clusters A and F having two (18%) and four (36%) isolates respectively, while the remaining five isolates were unrelated.

**Conclusion:** GES-2 and VIM-2 enzymes were predominantly responsible for carbapenemase resistance. Clones A and F intimated patient-to-patient spread within the ICU and surgical ICU. This apparent dissemination as well as the multi-drug resistance observed points to sub-optimal infection prevention and control and dwindling antibiotic treatment options for *P. aeruginosa* respectively in this institution.

Keywords: multi-drug resistance, Pseudomonas aeruginosa, GES, VIM

## Introduction

*Pseudomonas aeruginosa* is a well-known opportunistic organism that is commonly implicated in nosocomial infections.<sup>1</sup> *P. aeruginosa* has intrinsic resistance to a number of antimicrobial agents and is also capable of acquiring resistance genes from other bacteria via mobile genetic elements. As a result, it is coresistant to several antibiotics such as the  $\beta$ -lactams, aminoglycosides and fluoroquinolones.<sup>2</sup> Treatment options for infections caused by multi-drug resistant (MDR) *P. aeruginosa* are limited, making it one of the most challenging pathogens for antimicrobial chemotherapy. Patients in the intensive care, burn and surgery units are particularly prone to infection by MDR *P. aeruginosa*, thus contributing to high mortality rates as well as high treatment cost.<sup>3</sup>

In *P. aeruginosa*, metallo-β-lactamases (MBLs) such as VIM, IMP, SPM, AIM and GIM present the leading acquired resistance mechanism to carbapenems.<sup>4</sup> Although VIM and IMP variants have been reported globally, SPM, AIM and GIM are confined to particular geographical locations.<sup>5</sup> The evolution and/or dissemination of ESBLs, namely CTX-M, SHV, TEM, VEB, PER, GES and OXA-type, in *P. aeruginosa* is a further clinical challenge specifically as these enzymes are known to be plasmid mediated and undergo horizontal gene transfer.<sup>6</sup>

We delineated the molecular mechanisms of resistance to  $\beta$ -lactam antibiotics in multidrug-resistant *P. aeruginosa* isolated from a case series in a single private hospital in Durban, South

Africa and ascertained clonality in respect of isolates carrying  $\beta$ -lactamase genes.

### Methods

### Ethical consideration

This study was ethically approved by the Biomedical Research Ethics committee of the University of KwaZulu-Natal (BE 224/15).

### Sample

Seventeen *P. aeruginosa* isolates that were consecutively collected from different patients admitted to a private hospital in Durban, from August to October 2013 constituted the sample. Single isolates were recovered from sputum, urine, catheter tips, pus swabs, nasal swabs and endotracheal aspirate from patients in the outpatients department (n = 1), medical ward (n = 1), theatre (n = 1), intensive care unit (n = 9) and surgical intensive care unit (n = 5) of a single private hospital.

An MDR *P. aeruginosa* isolate was defined as an isolate that was resistant to at three or more classes of antibiotics.<sup>7</sup>

### Antibiotic susceptibility testing

Minimum inhibitory concentrations (MIC) of piperacillin, ticarcillin, piperacillin/tazobactam, ceftazidime, aztreonam, imipenem, meropenem, amikacin and ciprofloxacin were determined by agar dilution method according to CLSI recommendations.<sup>8</sup> *P. aeruginosa* ATCC 27853 was used as the control.

### Phenotypic screening for MBLs and ESBLs

All isolates were screened for MBLs using the imipenem-EDTA double disk synergy test (DDST) as described by Bashir *et al.*<sup>9</sup> An increase in the zone size of at least 7 mm around the imipenem-EDTA disc was recorded as an MBL-positive isolate.<sup>9</sup>

For the phenotypic detection of carbapenemases, the Modified Hodge's test (MHT) was performed on MHA using a 10  $\mu$ g disk of meropenem according to CLSI guidelines.<sup>8</sup>

All the isolates were evaluated for ESBL production using a Mueller–Hinton agar (MHA) plate and ceftazidime (30 µg) and ceftazidime/clavulanic acid (30 µg/10 µg) discs. The observation of a  $\geq$  5 mm increase in the zone diameter for the ceftazidime combination with clavulanic acid, versus its zone diameter when tested alone, confirmed the presence of ESBL production by the organism.<sup>8</sup>

### Polymerase chain reaction

DNA was extracted from overnight bacterial cultures with high pure DNA isolation kits (Roche molecular diagnostics, Roche Molecular Systems, Pleasanton, CA, USA) as per manufacturers' guidelines. DNA amplification was performed in a T100<sup>TM</sup> Thermal cycler (Bio-Rad Laboratories, Johannesburg, South Africa) in a final volume of 25 µl, containing 1.25 µl (100 pmol) of each primer, 1 µl template DNA, and 12.5 µl of master mix (Thermo Fisher Scientific, Waltham, MA, USA). PCR for  $bla-_{TEM'} bla-_{SHV'}$  and  $bla-_{CTX-M}$  was carried out as previously described by Jemima *et al.*<sup>10</sup> PCR amplification with some modifications in the annealing temperatures for  $bla_{OXA-2}$ ,  $bla_{OXA-10'}$ ,  $bla_{OXA-48'}$ ,  $bla_{VIM'}$ ,  $bla_{NDM'}$ ,  $bla_{GES'}$  $bla_{VEB'}$  bla<sub>IMP'</sub> and  $bla_{PER}$  was performed as previously described by

### Table 1: Antimicrobial susceptibility and genotypic profile of P. aeruginosa

Shacheraghi *et al.*<sup>11</sup> and Poirel *et al.*<sup>12</sup>The annealing temperatures and primers are described in Table 1. PCR products were visualised by electrophoresis in 1.5% agarose gel for 40 min at 120 V then sequenced using Sanger Dideoxy sequencing technology (Inqaba Biotech, Pretoria, South Africa). Analysis of the sequences was done using BLAST 2.0 (Basic Local Alignment Search Tool) software available on the National Center for Biotechnology Information website (https://www.ncbi.nhlm.nih. gov/blast/BLAST.cgi) and BioEdit (http://www.mbio.ncsu.edu/ BioEdit/bioedit.html). Positive controls (*P. aeruginosa* ATCC 27853 and *E. coli ATCC 35218*) were run along with the tested samples.

# Repetitive extragenic palindromic-polymerase chain reaction (REP-PCR)

REP-PCR amplification was carried out on isolates carrying  $\beta$ -lactamase genes according to Dawson *et al.*<sup>13</sup> in a total reaction volume of 50 µl containing 10 mM dNTP, 25 mM MgCl2, 10 pmol of primer (Table 1), 2 µl of the genomic template DNA, and 5U of Taq DNA polymerase (Thermo Fisher Scientific, USA).

Initial denaturation was at 94°C for 10 min followed by 30 cycles of PCR consisting of denaturation at 94°C for 1 min, annealing at 45°C for 1 min, and extension at 72°C for 2 min, with the final extension of 16 min. The PCR product was run on a 2% agarose gel in TBE buffer. Images were captured with the Bio-Rad ChemiDoc<sup>™</sup> MP System (Bio-Rad Laboratories, Johannesburg, South Africa) and analysed with the BioNumerics software (Applied Maths, Sint-Martens-Latem, Belgium). The Dice coefficient and unweighted-pair group method was used to generate the dendrogram with 1.0% tolerance and 0% optimisation values.<sup>14</sup>

Isolate	Specimen	Unit	MIC (μg/ml)								TZP	DDST	DDST	MHT	REP-PCR	Genes
	type		ATM	AK	CAZ	CIP	IMP	PIP	MEM	TIC		(MBLs)	(ESBLs)		(clusters)	identified
pa1	Wound	SC-ICU	128	16	32	64	32	≥ 512	32	≥ 512	32	+	+	+	F	GES-2
pa2	Sputum	SC-ICU	64	1	8	≤ 0.25	2	16	2	32	16	-	-	-	-	-
pa4	CVP tip	SC-ICU	256	8	4	32	≥64	≥ 512	128	≥ 512	256	+	-	-	-	-
раб	ETA	ICU	128	16	32	32	≥64	≥ 512	64	≥ 512	64	+	+	+	А	GES-2
pa7	Sputum	ICU	128	64	64	64	32	≥ 512	8	≥ 512	32	+	+	+	F	GES-2
pa8	Pus swab	SC-ICU	2	≤ 0.25	32	≤ 0.25	2	128	≤ 0.25	32	16	+	-	-	-	-
pa12	Sputum	ICU	256	32	4	64	32	≥ 512	4	≥ 512	128	+	-	-	-	-
pa17	Sputum	SC-ICU	64	16	64	8	≥64	256	8	≥ 512	128	+	+	+	F	GES-2
pa18	Sputum	ICU	64	≤ 0.25	64	16	≥64	≥ 512	64	≥ 512	32	+	+	+	F	GES-2
pa19	Sputum	OPD	64	16	64	8	≥ 64	256	256	≥ 512	128	+	+	+	E	GES-2, VIM-2
pa21	Sputum	Med. ward	256	32	32	64	≥64	≥ 512	512	≥ 512	256	+	+	+	D	GES-2, VIM-2
pa22	Urine	Theatre	16	≤ 0.25	8	≤ 0.25	32	≥ 512	4	256	8	+	-	-	-	-
pa23	Sputum	ICU	256	32	32	64	≥64	≥ 512	512	≥ 512	128	+	+	+	В	GES-2
pa26	CVP tip	ICU	32	1	64	8	≥ 64	128	512	≥ 512	128	+	+	+	A	GES-2, VIM-2
pa28	Sputum	ICU	128	4	128	32	≥ 64	≥ 512	64	512	128	+	+	+	G	VIM-2, OXA-21
pa30	Sputum	ICU	128	16	64	16	≥ 64	≥ 512	128	≥ 512	256	+	+	+	С	GES-2
pa31	Nasal swab	ICU	256	4	32	32	≥ 64	≥ 512	64	≥512	128	+	+	-	-	-

ATM: aztreonam; AK: amikacin; CAZ: ceftazidime; CIP: ciprofloxacin; IMP: imipenem; PIP: piperacillin; MEM: meropenem; TIC: ticarcillin TZP; piperacillin/tazobactam; DDST: double disc synergy test; ESBL: extended spectrum β-lactamase; MBL: metallo β-lactamase; MHT: Modified Hodge Test; ICU: intensive care unit; ETA: endotracheal aspirate; SC-ICU: surgical intensive care unit; OPD: outpatients department; Med. ward: medical ward; CVP: central venous catheter.





F

F

pa28 G

Figure 1: REP-PCR analysis. Dendrogram and computer-generated image of REP-PCR banding patterns of isolates harbouring ESBL and MBL genes.

### Results

Sixteen isolates (94%) were resistant to aztreonam and piperacillin, 15 (88%) were resistant to imipenem and ticarcillin, 14 (82%) were resistant to meropenem, and 13 (76%) were resistant to ceftazidime and piperacillin/tazobactam. Resistance to ciprofloxacin and amikacin were 82% and 29% respectively (see Table 1). The double disc synergy test (DDST) for MBLs and ESBLs was positive in 15 (88%) and 13 (76%) respectively of the P. aeruginosa isolates while MHT was positive in 11 (65%) (see Table 1). PCR identified the GES-2 gene in 10 isolates (59%), the VIM-2 gene in four isolates (24%) and OXA-21 in one (6%) isolate. Three of the isolates harboured both GES-2 and VIM-2 and one isolate harboured OXA-21 and VIM-2 as shown in Table 1.

### **REP-PCR clonality**

REP- PCR was conducted to determine genetic similarity of the β-lactamase-producing isolates harbouring the resistance genes among 11 isolates. Seven clusters (A-G) were revealed, with two (18%) and four (36%) of the P. aeruginosa isolates belonging to clusters A and F respectively whereas the remaining were unique and belonged to five unrelated clusters (clusters B, C, D, E, and G) (Figure 1).

### Discussion

This study aimed to delineate the molecular mechanism of resistance to  $\beta$ -lactam antibiotics in multidrug-resistant *P*. aeruginosa isolated from a private hospital. It further ascertained clonality to inform infection prevention and control measures.

Infections caused by MDR P. aeruginosa are commonly reported in ICU patients worldwide.<sup>15</sup> Studies have indicated that the ICUs are the epicentre of pathogens<sup>16</sup> and the highly resistant nature of this pathogen poses a major treatment challenge particularly when carbapenems, which used to be the treatment of choice for MDR P. aeruginosa infection, have been rendered inefficient due to production of carbapenemases.<sup>17</sup>

In a study conducted at the Charlotte Maxeke Johannesburg Academic Hospital (CMJAH) to determine the patterns of infection and bacterial resistance in critically ill poly-trauma patients admitted to ICU, it was shown that 30.1% of MDR P. aeruginosa was the commonest pathogen.<sup>18</sup> In another South African hospital, eight P. aeruginosa clinical strains involved in nosocomial outbreak were all isolated from the ICU.<sup>19</sup> Pitout et al. reported that majority of isolates recovered in a large tertiarycare centre in Nairobi, Kenya were P. aeruginosa isolates (33/57, 58%) and they originated from the ICU. $^{20}$  In a study on an

outbreak of multidrug-resistant P. aeruginosa (MDRPA) infections in a Greece university hospital, it was shown that after phenotypic and genotypic analysis of 240 isolates mainly in ICU, 152 patients were colonised or infected with MDRPA.<sup>21</sup> A study by Harris et al. to investigate the prevalence of P. aeruginosa colonisation on ICU admission, revealed that of the 1 840 patients, 213 (11.6%) were colonised with P. aeruginosa on ICU admission.<sup>22</sup> In another study on frequency of multi-drug resistant (MDR) P. aeruginosa in intensive care unit (ICU)-acquired pneumonia (ICUAP), P. aeruginosa was the most frequent aetiology of ICUAP (64, 29%).<sup>23</sup> These are in line with our studies where 82% of the isolates were recovered from the ICUs.

GES-2 and OXA-21, and VIM-2 were the predominant ESBLs and MBLs identified.

GES-2 hydrolyses extended spectrum cephalosporins and imipenem, to a minor extent<sup>24</sup> explaining the resistance to ceftazidime but the high resistance to the carbapenems may be attributed to resistance mechanisms other than  $\beta$ -lactamases such as impermeability and/or efflux.25

VIM-2, a derivative of VIM-1, possesses the widest substrate for hydrolysing several antimicrobial agents such as carbapenems, cephalosporins and penicillin. All four isolates harbouring VIM-2 enzymes were resistant to imipenem, meropenem, ceftazidime and ticarcillin (see Table 1).

Oxacillinases hydrolyse meropenem and imipenem poorly, and do not hydrolyse extended-spectrum cephalosporins and aztreonam.24 However, in this study OXA-21 was detected together with VIM-2 and showed resistance to all classes of antibiotics tested (see Table 1) with the exception of aminoglycosides.

GES-2 and OXA-21 were identified in 10 (59%) and one (6%) isolates respectively. Several GES-type ESBLs have been identified and some exhibit the properties of carbapenemases. They have been found in a number of geographical locations including French Guiana, Japan, Greece, France and South Africa.<sup>25</sup> GEStype ESBLs in P. aeruginosa are not considered as primary β-lactamases, but their acquisition is due to antimicrobial pressure.<sup>6</sup> The GES-2-producing isolates in this study were all resistant to carbapenems and third-generation cephalosporins. They were all positive for MHT, indicating the production of carbapenemases genes. GES-2 was described originally in multidrug-resistant P. aeruginosa isolates collected from a South African teaching hospital, were associated with a nosocomial outbreak and displayed expanded hydrolysis to carbapenems.<sup>19</sup>

The detection of class B MBL, VIM-2 in these isolates is in agreement with results from other studies indicating that VIM-2 is amongst the most widespread MBLs associated with P. aeruginosa.<sup>26</sup> VIM-2 has also been implicated in outbreaks of nosocomial infections as a result of MBL-producing P. aeruginosa.<sup>26</sup> Three other isolates were found to harbour VIM-2 and GES-2. The simultaneous production of ESBLs and MBLs by the same isolate is known to further enhance resistance.<sup>27</sup>

Many of the Ambler class D ESBLs have been found and often described in *P. aeruginosa*. Nearly all class D β-lactamases produced by P. aeruginosa are capable of hydrolysing extendedspectrum cephalosporins, with OXA-1 and OXA-2 derivatives being the commonest OXA type detected.<sup>28</sup> In this study OXA-21, a derivative of OXA-2, was identified. OXA-21 was identified together with VIM-2 in the same isolate from an ICU in a patient's sputum and found to be resistant to all antibiotics with the exception of amikacin, and the only isolate that was resistant to colistin. Moreover, whereas GES-2 and VIM-2 were the dominant ESBL and MBL respectively, ESBLs such as SHV, TEM and PER, as well as MBLs such as NDM and IMP, were absent in these isolates.

The clonal relationship between 11 *P. aeruginosa* isolates revealed that two (18%) and four (36%) belonged to clusters A and F respectively while the remaining isolate showed unique patterns. With exception of one isolate, all isolates in clusters A and F harboured GES-2, intimating dissemination within the ICU and surgical ICU.

### Conclusion

The *P. aeruginosa* strains in this study were multidrug resistant expressing both ESBLs and MBLs. VIM-2 was the only MBL found whereas GES-2 was the most prevalent ESBL detected. The detection of GES-2 with VIM-2 in three isolates and the coexistence of VIM-2 and OXA- 21 in one isolate depict the extraordinary ability of *P. aeruginosa* to acquire multiple resistance mechanisms. The clonal relatedness and the multidrug resistance observed points to sub-optimal infection prevention and control and dwindling antibiotic treatment options for *P. aeruginosa* infections in the hospital setting must therefore be guided by local antimicrobial susceptibility patterns.

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### Supplemental data

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